

## Appendix 1

### Questionnaire

#### Relatives' knowledge of decision making procedures in intensive care units

1. What is your relationship with (*patient name*)?

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Spouse	Partner	Father/Mother	Sibling
Child	Grandparent	Carer	Other:_____

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2. Do you believe that the relatives currently have the legal right to make healthcare decisions on behalf of an adult patient when (s)he is unable to make these for him/herself?

Yes/No

3. Has (*the patient*) ever discussed his/her preferences for life-sustaining treatment with you?

Yes go to Q4/No go to Q6

Do you accept his/her decisions?

Yes go to Q6/No go to Q5

5. Why not?\_\_\_\_\_

6. Have you heard of the Adults with Incapacity (Scotland) Act?

Yes/No

This Act will allow a relative or other appointed proxy to make decisions behalf of a patient who cannot make decisions for him/herself. Although passed by the Scottish Parliament it has not yet become law.

7. Would you feel confident to act as a proxy for (*patient name*) with your present knowledge of his/her wishes?

Yes/No

8. Have you ever discussed your preferences for life-sustaining treatment should you become critically ill?

Yes go to Q9/No go to Q10

9. Who with?

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Spouse	Partner	Father/Mother	Sibling
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Child	Grandparent	Carer	Other: _____
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An advanced directive or 'living will' allows a person to write down what treatment they would or would not willing to accept if (s)he was to become so ill that (s)he could not be involved in discussions about treatment. It could also act as a guide for the person acting as a proxy for the patient.

10. Have you heard of Advanced Directives also known as 'living wills'?

Yes/No

11. Have you ever considered writing a 'living will'?

Yes/No

12. Would you consider writing a 'living will'?

Yes/No