Reforming Health Care


In this book, the seventh in a collection written or edited by David Seedhouse, he sets out to explore modern health reforms in depth. His aim is to show that philosophical analysis is essential to cogent health reform. The book is formed from a collection of articles, written by a range of international authors. Most of the articles have already appeared in Health Care Analysis: Journal of Health Philosophy and Policy, also edited by David Seedhouse.

The book is divided into three sections. The first section consists of comprehensive articles offering an informed view of various health care systems, reforms and associated debates in the USA, the UK, New Zealand, the Netherlands, South Africa and Lithuania. These chapters give a rich insight into the different systems and the rationale and problems surrounding them. They range from discussion of reasons why urgent reforms to the systems within the US are thought to be necessary, to descriptions of difficulties faced in post-socialist Lithuania, where the majority of the population find great difficulty in obtaining a decent minimum of health care. The vast difficulties facing development of a new health care plan in post-apartheid South Africa, where there is evidence of gross racial discrepancies in health care, are also discussed. A separate article on the off-quoted Oregon experiment is also included in this first section. This describes in detail the still evolving attempt by this American state to devise, in consultation with the community, a basic health care package which, by eliminating procedures which are judged to be least beneficial (for example treatment of viral hepatitis and cancers with less than five per cent predicted recovery at five years), can release funds to cover health care costs for the poorest in society, ie those who cannot afford health insurance.

The six chapters in the second section also refer to various health care systems but are devoted to philosophical discussion, with particular reference to social justice. The third section consists of an examination of the ethics of health promotion. The four authors of this section explore issues such as the nature of health, the extent to which individuals can be held responsible for their own health, and the related issue of "victim blaming". Working on the premise that a theory of health is essential if discussions of health policies are to have any real meaning, their aim is to illustrate the features which are essential to any theory of health.

This book is on the whole, clearly written and easily accessible. By examining health systems internationally (although the editor acknowledges by no means comprehensively) a clear picture emerges of the disparate but also common difficulties in creating systems for fair allocation of resources. Justification for the belief in the necessity for philosophical analysis as a base for health policy and reform is well illustrated. As David Seedhouse points out, some of the chapters illustrate very clearly the fact that philosophy and practice can seem worlds apart when it comes to health policies. Yet, he asks, how can a health reformer make cogent changes unless thought has been given to the principles which should guide the practical reform process? Arguments against apartheid for example, must rest on an alternative theory of social justice, and the Oregon experiment is based on the principle that human beings are of equal value.

This book will be of particular value to anybody involved in forming health policy, health care research or health ethics. However, it would also be of interest to any health professional or student interested in exploring the philosophical basis of practical health care.

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Philosophy, Psychology and Psychiatry


These indeed are exciting times for philosophy and psychiatry, as Fulford remarks in his interesting essay on mind and madness which begins this book. A newly emerging mutual interest, sketched by Fulford, directs philosophers towards psychiatric concepts, categories and practices, and psychiatrists toward the theory, values, metaphysics, epistemology and methodology informing their profession.

The interest of the philosophers is, on reflection, understandable. Anthony Quinton has observed that given their status as experts on rationality and morality, and particularly, psychiatry, ethics, such as personal identity, have recently received the attention of a significant number of philosophers and benefited from philosophical analysis and scholarly
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